

Senate Concurrent Resolution No. 58

RESOLUTION CHAPTER 93

Senate Concurrent Resolution No. 58—Relative to Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day.

[Filed with Secretary of State August 29, 2013.]

LEGISLATIVE COUNSEL'S DIGEST

SCR 58, Beall. Restless Legs Syndrome/Willis-Ekbom disease.

This measure would proclaim September 23, 2013, as Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day in California.

WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease is a neurological disorder characterized by unpleasant sensations in the legs and a distressing, irresistible urge to move them; and

WHEREAS, An estimated 10 million adults in the United States, totaling 3 percent of our country, and millions of others worldwide have been affected by Restless Legs Syndrome/Willis-Ekbom disease, a disease for which there is no known cure; and

WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease is difficult to diagnose; and

WHEREAS, Symptoms typically include an urge to move the legs, caused by uncomfortable and unpleasant sensations in the legs, presenting or worsening in the evening or night, and additionally, daytime symptoms of Restless Legs Syndrome/Willis-Ekbom disease have been established; and

WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease has an impact on sleep, concentration, and work productivity; with 68.6 percent of patients needing more than 30 minutes, generally regarded as pathologic, to initiate sleep and 60.1 percent waking three or more times per night; with 49.7 percent of patients reporting that symptoms adversely affect next day concentration; and with patients with moderate to severe Restless Legs Syndrome/Willis-Ekbom disease having an overall mean loss of workplace productivity of one day per 40-hour workweek; and

WHEREAS, Increased awareness and expanded knowledge of the realities of life with Restless Legs Syndrome/Willis-Ekbom disease will allow the community at large to better support people who struggle with the challenges of this condition; and

WHEREAS, The Restless Legs Syndrome Foundation, a nonprofit organization, and other groups around our country have joined together to promote Restless Legs Syndrome/Willis-Ekbom disease awareness and support, including improved education, diagnosis, research, and treatment; and

WHEREAS, The Restless Legs Syndrome Foundation is urging patients, their supporters, health care providers, and the general public to demonstrate their caring by sharing the road on which patients walk, the facts about Restless Legs Syndrome/Willis-Ekbom disease, and the growing awareness of the etiology of this disorder and treatments; and

WHEREAS, The community's focus on Restless Legs Syndrome/Willis-Ekbom disease and its impact on patients' lives will help give hope for a brighter future for people with Restless Legs Syndrome/Willis-Ekbom disease; now, therefore, be it

Resolved by the Senate of the State of California, the Assembly thereof concurring, That the California Legislature hereby recognizes the needs of these chronically ill people and proclaims September 23, 2013, as Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day and urges all our citizens to support the search for a cure and to assist those individuals and families who deal with this condition on a daily basis; and be it further

Resolved, That the Secretary of the Senate transmit copies of this resolution to the author for appropriate distribution.